



# CALIFORNIA HEALTH CARE RESOURCE GUIDE FOR UNDOCUMENTED IMMIGRANTS

HISPANAS ORGANIZED FOR POLITICAL EQUALITY (HOPE)

## HOPE. ACT. | HEALTH +

Hispanas Organized for Political Equality (HOPE) is a non-profit, nonpartisan, organization committed to ensuring political and economic parity for Latinas through leadership, advocacy and education to benefit all communities and the status of women. For the past 15 years HOPE has advocated for access to quality affordable healthcare. HOPE is a grantee of The California Endowment. In partnership with the Dream Summer National Internship program at UCLA this guide was created. The California Endowment is a private, statewide health foundation with a mission to build a stronger state by expanding access to affordable, quality health care to underserved, uninsured communities and improving the overall health of all Californians.

### The Issue at Hand

The vast majority of undocumented immigrants are less likely to have health insurance and more likely to prolong visits to any clinic, doctor or hospital due to the lack of information, financial resources and access to health insurance. California is host to the nation's largest percentage of undocumented immigrants. It is estimated that a total of 2.6 to 3 million or 7% of the population are undocumented men, women and children currently residing in the golden state. Statistics show that the largest concentration of undocumented immigrants is currently residing in Los Angeles County. Currently 1 in every 10 Los Angeles county resident is an undocumented immigrant and many of those immigrants have been in the United States for more than a decade and are the parents of children who are American citizens (USC study 2013).

### A Guide

HOPE understands the financial predicaments undocumented immigrants face when seeking health care.

Thus, this resource guide provides a comprehensive list of affordable healthcare options. The resource guide includes services rendered, health care provider contact information, and types of fees.

### Frequently Asked Questions

The following are frequently asked questions to help you begin to understand how you and your family can access health care in order to prevent or treat illness and handle medical emergencies.

1. Will using government health benefit programs affect my immigration status?

A: No. Using health care programs at the local, state or federal level will not affect your immigration status or ability to apply for a green card in the future.

\*\*\*Unless you are receiving Medi-Cal to pay for long term care in a mental institution or nursing home.

2. What programs are available in California for Deferred Action for Childhood Arrivals (DACA)?

\* DACA recipients are eligible for full state Medi-Cal coverage if they are 21 years of age or younger, are blind or disabled.

\* DACA recipients are also eligible for the safety net programs listed under question 3.

3. Is it true that if I am undocumented, I am not eligible for any health benefit programs?

A. No. There are several programs that do not require U.S. Citizenship or legal statuses to participate. The following programs are available to adults' children, seniors, and disabled persons:

\*Community, County and Free Clinics.

\*Mental Health Services.

\*Medi - Cal for Breast & Cervical Cancer Program.

\* Restricted Medi - Cal for emergency hospital and Long Term Care/ Kidney Dialysis.

\* Medi - Cal services for Pregnant Women.

\* Access for infants & mothers (AIM).

\* Women, Infants, and Children (WIC).

\*Child Health and Disability Prevention Program (CHDP).

\* Minor Consent Services.

\*CA Children's Services.

\* Family Planning, Access, Care and Treatment (Family PACT).

4. I have no insurance and I am undocumented. Will the hospital turn me away?

A. No. In 1986 the Government passed a law that prevents hospital emergency rooms to refuse treatment to anyone who is in need of emergency services, but have no health insurance or the ability to pay.

5. How will I pay for my medical bills if I do not have insurance and I am undocumented?

A. Hospitals offer a program called Ability to Pay Program which provide patients with payment options. Patients must request this program within 2 calendar months of their hospital/medical visit. You may also try to apply for Restricted / Emergency Medi - Cal to help pay part of your medical expenses. Restricted Medi - Cal will cover emergency situations, health care for pregnant women, kidney dialysis, nursing home care and treatment for breast and cervical cancer.

Emergency medical care includes the following:

\* acute, severe symptoms (ex. severe pain), or if failure to get immediate attention will:

\*endanger the patient's health

\*seriously impair bodily functions.

\*cause serious dysfunction to a body organ or body part

Excludes:

Organ transplants and continuation of services.

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## HEALTH RESOURCES

### State Wide Resources

#### California Kids

(818) 755-9700  
5200 Lankershim Boulevard, Ste 360,  
North Hollywood, CA 91601  
Offers primary health care insurance to  
undocumented children ages 2 to 18.  
\$\$: \$82/month  
Must submit application

#### The Restaurant Opportunities Center United ROC-MD

(213) 380-1020  
Natalia Rodriguez (Natalia@rocunited.org)  
1730 West Olympic Blvd, 3rd Floor Room K,  
Los Angeles, CA 90015  
ROC-MD is a program that offers health care  
insurance to undocumented restaurant workers.  
New Member Orientations every Monday at 1:00  
p.m.

#### Children's Health Insurance Program -CHIP

1(877)543-7669.  
To see if your child qualifies for CHIP visit  
www.insurekidsnow.gov

Low-cost health coverage to children whose family  
income is too high to qualify for  
Medicaid.

Benefits include routine checkups,  
immunizations, doctor visits, prescriptions, dental  
and vision care, inpatient and outpatient hospital  
care, laboratory and X-ray services, and emergency  
services.

\$\$: Enrollment fees are \$50 or less per family, per  
year. Co-pays for doctor visits and prescriptions  
range from \$3 to \$5 for lower-income families and  
\$20 to \$35 for higher-income families.

#### California's Children Services (CCS)

(415) 575-5700  
Provides financial assistance, case management,  
and carious therapy services to children up to age  
21 with specific complex chronic  
handicapping illnesses  
\$\$: Sliding scale fee.  
Must submit application

#### Napa

(707) 253-4391  
2261 Elm Street, Building R,  
Napa, CA 94559-3721

#### San Bernardino

(909) 387-8400  
150 Carousel Mall  
San Bernardino, CA, 92415

#### Los Angeles

(800) 288-4584  
9320 Telstar Ave, Ste 226,  
El Monte, CA 91731

#### Fresno

(559) 600-3300  
1221 Fulton Mall  
Fresno, CA, 93721

#### San Francisco

(415) 575-5700  
30 Van Ness Ave, Ste 210,  
San Francisco, CA, 94102

#### Bakersfield-Kern County

(661) 868-0531  
1800 Mt. Vernon Ave,  
Bakersfield, CA 93306

#### Orange County

(714) 347-0300  
200 W. Santa Ana Blvd, Ste 100,  
Santa Ana, CA 92701

#### San Jose

(408) 793-6200  
720 Empey Way,  
San Jose, CA 95128

#### Riverside

(951) 358-5401  
10769 Hole Avenue, Ste 220,  
Riverside, CA 92505

### Regional Resources

#### AltaMed Medical Group

**Los Angeles & Orange County**  
For more clinics near you please call or visit:  
Questions: (877) 462-2582  
Headquarters: (323) 725-8751  
Website: www.altamed.org

### Other Key Organizations

#### Mexican American Legal Defense & Education Fund (MALDEF)

(213) 629-2512  
634 S. Spring St., 11th Floor  
Los Angeles, CA 90014

#### Coalition for Humane Immigrant Rights of Los Angeles (CHIRLA)

(213) 353-1333  
2533 W. Third Street, Suite 101  
Los Angeles, CA 90057

#### Educators for Fair Consideration (E4FC)

San Francisco Bay Area  
www.e4fc.org

#### Central American Resource Center (CARECEN)

(213) 385-7800  
2845 West 7th Street  
Los Angeles, CA 90005

#### UCLA Downtown Labor Center

(213) 480-4155 ext 220  
675 S Park View St  
Los Angeles CA 90057-3306

#### Central Valley Partnership for Citizenship California

(209) 499-6750  
P.O. Box 684,  
Modesto, CA 95353

#### UC Berkeley Labor Center

(510) 642-0323  
2521 Channing Way, Ste 5555,  
Berkeley, CA 94720

#### American Civil Liberties Union of San Diego & Imperial County (ACLU)

(619) 232-2121  
P.O. Box 87131  
San Diego, CA 92138

### Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN

Ob

Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision



Pharmacy

Rx

### Key of Business Days:

Monday	<b>M</b>
Tuesday	<b>T</b>
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# HEALTH RESOURCES

## Coachella Valley

### Clinicas de Salud del Pueblo Coachella Medical Clinic

(760) 393-0555  
49111 Highway 11,  
Coachella, CA 92236  
M-Th 7 am-6 pm  
F 8:30 am-5 pm  
S 7:30 am-12 pm  
\$\$: Sliding scale available.



### Planned Parenthood Coachella Center

(888) 743-7526  
49-111 Highway 111,  
Unit 6 Ste A,  
Coachella, CA 92236  
M, W, F, S 8 am-4:30 pm  
T, Th 10 am-6:30 pm  
\$\$: Sliding scale available.



## Ob

### Centro Medico Cathedral City Borrego Medical Clinic

(760) 321-6776  
69175 Ramon Road A,  
Cathedral City, CA 92234  
M-F 8 am-8 pm  
S 8 am-5 pm  
Su, Holidays 8 am-12 pm  
\$\$: Sliding scale available.



### Desert Hot Springs Community Health Center

(760) 676-5240  
12520 Palm Drive,  
Desert Hot Springs, CA  
92240  
M-F 8 am-5 pm  
S, Su 8 am-12 pm  
\$\$: Sliding scale available.



### Coachella Valley VIM Clinic (CVVIM)

(760) 342-4414  
82-915 Avenue 48,  
Indio, CA, 92201  
M-F 8 am-5 pm  
\$\$: No fee



### Indio Family Care Center

(760) 863-8283  
47-923 Oasis St.  
Indio, CA, 92201  
M-F 7:30 am-5 pm  
\$\$: Sliding scale.  
No one turned away due to  
inability to pay.



### The Smile Factory

(760) 773-5747  
41865 Boardwalk,  
Ste 210,  
Palm Desert, CA, 92211  
M-F 8 am-3 pm  
\$\$: Sliding scale available.



### Palm Springs Family Care Center

(760) 778-2210  
1515 North Sunrise Way,  
Palm Springs, CA 92262  
M-F 7:30 am-5 pm  
\$\$: Sliding scale.  
No one turned away due  
to inability to pay.



### Palm Springs Outreach (RSBCIH)

(877) 781-0444  
901 E. Tahquitz Way,  
Ste A204,  
Palm Springs, CA, 92262  
M, W, F 8 am-5 pm,  
T 8 am-7 pm,  
F 8 am-2 pm  
\$\$: Free or low cost.



### Planned Parenthood Rancho Mirage Family Planning Center

(888)743-7526  
71777 San Jacinto Dr  
Ste 202,  
Rancho Mirage CA 92270  
M- Th 8:30 am- 6:30 pm,  
S 8 am- 4:30 pm  
\$\$: Sliding scale available.



## Ob

### Escondido Family Medicine

255 N. Ash St, Ste 101  
Escondido, CA, 91906  
(760) 745-5832  
M-F 8 am- 5 pm.  
\$\$: Sliding Scale fees.



## Del Norte

### Del Norte Community Health Center

(707) 465-6925  
(707) 465-4636  
550 E Washington Blvd.  
Crescent City, CA 95531  
M-S 7:30 am-8:30 pm  
\$\$: Sliding scale available.



### Sutter Coast Walk-In Clinic

(707) 464-8818  
785 E. Washington Blvd.  
Crescent City, CA 95531  
M-F 8:30am-6:30pm  
S & Su 9:45am-6:30pm  
\$\$: Financial assistance  
available.



## Fresno County

### Deran Koligian Ambulatory Care Center

(559) 459-4900  
290 N. Wayne Lane,  
Fresno, CA 93726  
M-F 8 am-4:30 pm  
\$\$: Fee for services.  
Deposit Required.



### Divisadero Health Center - Clinica Sierra Vista

(559) 457-5900  
145 N. Clark,  
Fresno, CA 93701  
M-F 8 am-7 pm  
\$\$: Sliding scale available.



### Easton Community Health Center - Clinica Sierra Vista

559-457-5600  
5784 S. Elm Ave.  
Fresno, CA, 93706  
M-F 8 am-5 pm  
\$\$: Sliding scale of fees  
based on income.



### Elm Community Health Center- Clinica Sierra Vista

(559) 457-5200  
2790 S. Elm Ave.  
Fresno, CA 93706  
M-S 8 am - 7 pm  
\$\$: Sliding scale available



### Elm Dental Center Clinica Sierra Vista

(559) 457-5345  
2756 S Elm Ave,  
Fresno, CA 93706  
M-S 8 am-7 pm  
\$\$: Sliding scale of fees  
based on income.



### Free Medical & Dental Clinic at Poverello

**House for the Homeless**  
(559) 442-4108  
412 F Street,  
Fresno, CA 93706  
M-F 1 pm-5 pm  
\$\$: Free/No fee.



### Garland Community Health Center Clinica Sierra Vista

(559) 457-6900  
3727 N. First Street,  
Fresno, CA 93726  
M-S 8 am-5 pm  
\$\$: Sliding scale of fees  
based on income.



### Orange and Butler Community Health Center

**Clinica Sierra Vista**  
(559) 457-5400  
1350 S. Orange Ave.  
Fresno, CA, 93702  
M-S 8 am-5 pm  
\$\$: Sliding scale of fees  
based on income.



## Kern County

### Arvin Community Health Center - Clinica Sierra Vista

(661) 854-3131  
1305 Bear Mountain  
Blvd.  
Arvin CA 93203  
M-S 8 am - 5 pm  
\$\$: Sliding scale available



### Arvin Dental Center Clinica Sierra Vista

(661) 854-5859  
1305 Bear Mountain  
Blvd. Arvin, CA 93203  
M-S 8 am-5 pm  
\$\$: Sliding scale of fees  
based on income.



### Bakersfield - 34th Street Community Health Center - Clinica Sierra Vista

(661) 324-1455  
2000 Physician's Plaza,  
Bakersfield, CA 93301  
M-S 8 am-5 pm  
\$\$: Sliding scale of fees  
based on income.



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# HEALTH RESOURCES

**Bakersfield College Student Health and Wellness Center Clinica Sierra Vista**  
 (661) 395-4336  
 1801 Panorama Dr.  
 Bakersfield, CA 93305  
 M-W 7:30 am-5:30 pm  
 Th 9:30 am-7:30 pm  
 F 8 am-12 pm  
 \$\$: Sliding scale of fees based on income.



**Bakersfield Homeless Healthcare - Clinica Sierra Vista**  
 (661) 332-7580  
 234 Baker St. Ste 1 & 6,  
 Bakersfield, CA 93305  
 M-F 8 am-5 pm  
 \$\$: Sliding scale of fees based on income.



**Brimhall Community Health Center - NHSI**  
 (661) 377-0439  
 1014 Calloway Dr.  
 Bakersfield, CA 93312  
 M 9 am-6 pm  
 T-F 8 am-5 pm  
 \$\$: Sliding scale available.



**Central Bakersfield Community Health Center Clinica Sierra Vista**  
 (661)323-6086  
 301 Brundage Lane,  
 Bakersfield, CA 93304  
 M- S 8 am-7 pm  
 \$\$: Sliding scale of fees based on income.



**East Bakersfield Community Health Center Clinica Sierra Vista**  
 (805) 322-3905  
 815 Dr. Martin Luther King Jr. Blvd.  
 Bakersfield, CA 93307  
 M-S 8 am-7 pm  
 \$\$: Sliding scale available.



**East Bakersfield Dental Center - Clinica Sierra Vista**  
 (661) 632-2144  
 1125 E. California Ave.  
 Ste 6,  
 Bakersfield, CA 93305  
 M-S 8 am-7 pm  
 \$\$: Sliding scale available



**Indian Health Service Bakersfield American Indian Health Project**  
 (661) 327-4030  
 1617 30th Street,  
 Bakersfield, CA 93301  
 M-F 8 am-5 pm  
 \$\$:Sliding scale available.

**North of the River Community Health Center - Clinica Sierra Vista**  
 (661) 328-4295  
 2525 N. Chester Ave.  
 Bakersfield, CA 93308  
 M-S 8:30 am-5:30 pm  
 \$\$: Sliding scale of fees based on income.



**Oildale Community Health Center**  
 (661) 392-7850  
 525 Roberts Lane,  
 Bakersfield, CA 93308  
 M-F 8 am-5 pm  
 \$\$:Sliding scale available.



**Rosedale Community Health Center**  
 (661) 387-6930  
 3409 Calloway Drive.  
 Ste 300,  
 Bakersfield, CA 93312  
 M-Th 8 am-6 pm  
 Friday 8 am-5 pm  
 \$\$:Sliding scale available.



**South Bakersfield Community Health Center - Clinica Sierra Vista**  
 (661) 835-1240  
 2400 Wible Rd. Ste 14,  
 Bakersfield, CA 93304  
 M-S 8 am-7 pm  
 \$\$:Sliding scale available.



**Delano Behavioral Health Services Clinica Sierra Vista**  
 (661) 725-2788  
 828 High St. Ste C,  
 Delano, CA 93215  
**Mental Health**  
 M-F 8 am-5 pm  
**Substance Abuse**  
 M-F 9 am-7 pm  
 \$\$:Sliding scale available.



**Delano Community Health Center - Clinica Sierra Vista**  
 (661) 725-4780  
 1508 Garces Hwy 1,  
 Delano, CA 93215  
 M-S 8:30 am-5:30 pm  
 \$\$: Sliding scale of fees based on income.



**Delano Family Dental & Women's Health Center**  
 (661) 454-1700  
 1215 Jefferson St.  
 Delano, CA 93215  
 M-S 8 am-5 pm  
 \$\$:Sliding scale available.



**Delano Women's Medical Clinic - Delano Regional Medical Center**  
 (661) 721-0737  
 1201 Jefferson St.  
 Delano, CA 93215  
 M-F 8 am-5 pm  
 \$\$: Financial assistance available.



**Joy Cariño Kimpo Family Medical Center**  
 (661) 721-7080  
 1001 Main Street,  
 Delano, CA 93215  
 M-Th 8 am-6 pm  
 F 8 am-5 pm  
 \$\$:Sliding scale available.



**West Delano Dental Center - Clinica Sierra Vista**  
 (661) 725-3882  
 441 Diaz Ave.,  
 Delano, CA 93215  
 M-F 8:30 am-5:30 pm  
 \$\$: Sliding scale of fees based on income.



**McFarland Community Health Center - Clinica Sierra Vista**  
 (661) 792-1066  
 217 Kern Ave.,  
 McFarland, CA 93250  
 M-S 8:30 am-5:30 pm  
 \$\$: Sliding scale of fees based on income.



**Ridgecrest Community Health Center**  
 (760) 446-7978  
 1133 N. Chelsea St,  
 Ridgecrest, CA 93555  
 M-S 8:30 am - 5:30 pm  
 \$\$:Sliding scale available.

**Joy Cariño Kimpo Women's Health Center NHSI**  
 (661) 459-1800  
 320 James Street,  
 Shafter, CA 93263  
 M-F 8 am-5 pm  
 \$\$:Sliding scale available.



**Shafter Community Health Center - NHSI**  
 (661) 746-9194  
 659 S Central Valley Hwy  
 Shafter, CA 93263  
 M-S 8 am-5 pm  
 \$\$:Sliding scale available.



**Adventist Health - Taft**  
 (661) 763-5131  
 501 6th St.  
 Taft, CA 93268  
 M, T, Th 8 am-5 pm  
 W 9 am-6 pm  
 F 7 am-4 pm  
 \$\$: Financial assistance available.



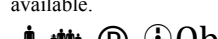
**Taft Community Medical & Dental Center**  
 (661) 765-5044  
 1100 Fourth Street,  
 Taft, CA 93268  
 M 8 am -6 pm  
 T-F 8 am-5 pm  
 \$\$: Sliding scale available



**Tehachapi Community Medical and Dental Center**  
 (66) 822-9054  
 161 N Mill St,  
 Tehachapi, CA 93561  
 M 8 am-6 pm  
 T-F 8 am-5 pm  
 \$\$:Sliding scale available.



**Wasco Mecial Plaza Delano Regional Medical Center**  
 (661) 758-4184  
 2300 7th St.,  
 Wasco, CA 93280  
 M-F 8:30 am-5:30 pm  
 \$\$: Financial assistance available.



## Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN



Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



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Vision



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# HEALTH RESOURCES

## Long Beach

**Mark Taper Foundation Children's Clinic Family Health Center**  
 (562) 933-0400  
 2360 Pacific Avenue,  
 Long Beach, CA 90806  
 M-Th 8 am-8 pm  
 F 8 am-5 pm  
 S 9 am-12 pm  
 \$\$: Sliding scale fee.



**Walk-In Medical Care**  
 (562) 595-7467  
 3760 Atlantic Ave.  
 Long Beach, CA 90807  
 M-F 9 am-6 pm  
 \$\$: Free (must qualify).



**Long Beach Comprehensive Health Care Center**  
 (562) 599-2153  
 1333 Chestnut Ave.  
 Long Beach, CA 90813  
 M-F 7:30 am-7:30 pm  
 S 7:30 am-5 pm  
 \$\$: Free to low cost.



**AltaMed**  
 (877) 861-6728  
 (562) 595-8040  
 711 E Wardlow Rd.  
 Long Beach, CA  
 M-F 8 am-5 pm  
 \$\$: Low Cost.



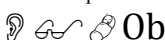
**Complete Women Care**  
 (562) 424- 8422  
 3711 Long Beach Blvd.  
 Ste 700,  
 Long Beach, CA 90807  
 M-F 8 am-5 pm  
 \$\$: Sliding Scale fee.



**Birth Choice Health Clinic**  
 (562) 290-0212  
 261 E. Willow Street. Ste C,  
 Long Beach, CA 90806  
 M-Th 8:30 am-5:00 pm  
 \$\$: Free.



**Pioneer Medical Group**  
 (562) 597-4181  
 2220 Clark Ave.,  
 Long Beach, CA 90815  
 M-F 9 am-9 pm  
 S 9 am-5 pm  
 Sun 9 am-1 pm  
 \$\$: Cash discount to uninsured patients.



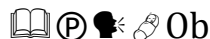
## Los Angeles

**Venice Family Clinic**  
 (multiple locations)  
 Location Information  
 (310) 392-8636  
 Appointment Line  
 (310) 392-8636  
 General Administration  
 (310) 392-8630  
 Patient and Provider  
 Questions  
 (310) 392-8636

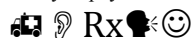
**Venice:** 604 Rose Avenue  
 Venice, CA 90291  
**Mar Vista:** 4700  
 Inglewood Boulevard.  
 Ste 102,  
 Los Angeles, CA 90230  
**Inglewood:** 111 N. La  
 Brea Ave., Ste 410,  
 Inglewood, CA 90301  
**Culver City:**  
 4401 Elenda Street,  
 Culver City, CA 90230  
 M-Th 8 am-5 pm  
 F 8 am-4 pm  
 \$\$: Visits range from  
 \$5-\$10.



**Ventanilla de Salud Los Angeles**  
 (213) 351-6826  
 2401 W. 6 St.,  
 Los Angeles, CA 90057  
 M-F 8 am-5 pm  
 \$\$: Payment based on  
 income.



**Martin Luther King Jr-Macc**  
 (310) 668-4321  
 12021 Wilmington Ave.  
 Los Angeles, CA 90059  
**Urgent Care Center**  
 8 am-11 am daily  
**Clinics**  
 M-F 8 am-4:30 pm  
 \$\$: Offers services  
 without regard to  
 economic background or  
 ability to pay.



**St. John's Well Child & Family Center Clinic**  
 (323) 541-1411  
 808 W. 58th Street,  
 Los Angeles, CA 90037  
 M-F 8 am-5:00 pm  
 S 7 am-3 pm  
 \$\$: Free/low cost.



**To Help Everyone Clinic, Inc.**  
 (323)730-1920  
 3834 S. Western Ave.,  
 Los Angeles, CA 90062  
 M-Th 7 am-7 pm  
 Friday 7 am-5 pm  
 S 9 am-1 pm  
 \$\$: Patients may qualify  
 for programs that enable  
 free services. Those that  
 are not are charged on a  
 sliding fee scale.



**USC-Eisner Family Medicine Center at California Hospital**  
 1400 S. Grand Avenue,  
 Ste 101,  
 Los Angeles, CA 90015  
 (213) 741-1106

**School-Based Teen Clinics**  
 (213) 747-5542 Ext. 3571  
**Los Angeles High School**  
 4650 W. Olympic Blvd,  
 Los Angeles, CA 90019  
 (323) 900-2771  
 M-F 8 am-7 pm  
 S 8 am-4:30 pm  
 \$\$: Patients may qualify  
 for programs that enable  
 free services. Those that  
 are not are charged on a  
 sliding fee scale.



## Rx

**South Bay Family Health Care**  
 Appointments  
 (310) 802-6170  
 Ob/Gyn Appointments  
 (310) 673-2647

**Gardena**  
 742 West Gardena Blvd  
 Gardena, CA 90247  
**Inglewood**  
 1091 S. La Brea Ave.  
 Inglewood, CA 90301

**Redondo Beach**  
 2114 Artesia Blvd,  
 Redondo Beach, CA  
 90278

**Carson**  
 270 East 223 Street,  
 Carson, CA 90745  
 Appointment center hours  
 M, W, F 8 am-5 pm  
 T & Th 8 am-6:30 pm  
 S 8 am-12 pm  
 Ob/Gyn appointment  
 center hours M,W, F  
 8:30 am-2:30 pm

T & Th 8:30 am- 4:30 pm  
 \$\$: Health care for the  
 uninsured. Provides  
 quality health care  
 regardless of income or  
 ability to pay.



**South Central Family Health Care Clinic**  
 (323) 908-4200  
 4425 S. Central Avenue,  
 Los Angeles, CA 90011  
**Huntington Park Family Health Center**  
 2680 Saturn Avenue,  
 Huntington Park, CA  
 90255

**Wellness Center at Jefferson High School**  
 3410 S. Hooper Avenue,  
 Los Angeles, CA 90011  
 M-F 7 am-7 pm  
 S 8 am-5 pm  
 \$\$: Sliding Fee Scale.



**UMMA Community Clinics**  
**1.Fremont Wellness Center**  
 (323) 789-5610  
 711 W Florence Ave,  
 Los Angeles, CA 90044

**2.Fremont Wellness Center & Community Garden**  
 (323)406-5800  
 7821 S. Avalon Blvd,  
 Los Angeles, CA 90003  
 M-S 8:30 am-5 pm  
 Wellness Center  
 Monday 8:30 am-12 pm  
 T & Th 8:30 am-5 pm  
 \$\$: Sliding scale fee.



## Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN



Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision



Pharmacy



Rx

## Key of Business Days:

Monday	M
Tuesday	T
Wednesday	W
Thursday	Th
Friday	F
Saturday	S
Sunday	Su

## HEALTH RESOURCES

**UMMA Community Clinic**  
UMMA Clinic  
(323) 789-5610

**Fremont Wellness Center**  
711 W Florence Ave.,  
Los Angeles, CA 90044

**Fremont Wellness Center**  
7821 S. Avalon Blvd.  
Los Angeles, CA 90003

**UMMA Clinic**  
M-S 8:30 am-5 pm  
Wellness Center  
M 8:30 am-12 pm  
T & Th 8:30 am-5 pm  
\$\$: Sliding scale fee.



**Rx** **P** **Ob**

**WATTS Healthcare Corporation**

**Watts Health Center**  
(323) 564-4331  
10300 Compton Ave,  
Los Angeles, CA 90002

**Crenshaw CHC**  
(323) 568-5460  
3756 Santa Rosalia Dr,  
Los Angeles, CA 90008

**Jordan Wellness Center**  
(323) 564-4331  
10110 South Juniper St,  
Los Angeles, CA 90002

**Locke Wellness Center**  
323-564-4331  
316 East 111st Street,  
Los Angeles, CA 90061  
M-Th 8 am-6 pm  
F 8 am-5 pm  
S 8 am-5 pm  
\$\$: Free and low cost quality health insurance.



**Rx** **P** **Ob**

**Bell Gardens Family Medical Center**  
(562) 928-9600  
6501 S. Garfield Ave,  
Bell Gardens, CA

M-F 8 am-5:30 pm  
S 8 am-1 pm  
\$\$: Sliding Scale Fee.



**Ob**

**Planned Parenthood**  
(800) 576-5544  
400 West 30th Street,  
Los Angeles, CA 90007  
M-F 7 am-6 pm  
S 8 am-12 pm  
\$\$: Sliding scale (low to no cost).



**Hollywood-Wilshire Health Center**  
(323) 769-7800  
5205 Melrose Avenue,  
Los Angeles, CA 90038

M, W, F 7:30 am-4 pm  
T 7:30 am-5 pm  
Th 7:30 am-2 pm  
\$\$: Free.



**The Saban Free Clinic**  
(323) 658-9193  
8405 Beverly Blvd.,  
Los Angeles, CA 90048  
M-Th 7:30 am-8 pm  
1st, 3rd & 5th  
F 7:30 am-4:30 pm  
2nd & 4th  
F 12 pm-4:30 pm  
\$\$: Free.



**Clinica Msr. Oscar A. Romero**

(213) 989-7700  
123 S. Alvarado Street,  
Los Angeles, CA 90057  
M-Th 7 am - 7 pm  
F-S 7 am - 12 pm  
\$\$: Free.



**Eisner Pediatric and Family Medical Clinic**  
(213) 747-5542  
1530 South Olive Street,  
Los Angeles, CA 90015  
M-S 8 am-4:30 pm  
\$\$: Free to low cost.



**Ob**

**Franciscan Clinics Queens Care Family Clinic**

**Eagle Rock**  
(323) 344-5233  
448 York Blvd,  
Los Angeles, CA 90041  
M-F 8:30 am-6:00 pm

**Echo Park**  
(213) 380-7298  
150 N. Reno Street,  
Los Angeles, CA 90026  
M-F 8:30 am-4:30 pm

**Hollywood**  
(323) 953-7170  
4618 Fountain Avenue,  
Los Angeles, CA 90029  
M-F 8:30 am-6:00 pm

**Bresee**  
(213) 858-5126  
184 South Bimini Place,  
Los Angeles, CA 90004  
M-F 9 am-6 pm

**East Los Angeles**  
(323) 981-1660  
133 North Sunol Drive,  
Los Angeles, CA 90063  
M-F 8 am-5 pm  
**Eastside**  
(323) 780-4510  
4560 E. Cesar E. Chavez Avenue.,  
Los Angeles, CA 90022  
M-F 8 am-5 pm  
\$\$: Low Cost.



**AltaMed Medical & Dental Group Boyle Heights**  
(323) 265-1998  
3945 Whittier Blvd.,  
Los Angeles, CA 90023  
M, W 8 am-7 pm  
T, Th 9 am-7 pm  
F 8 am-5 pm  
Sat 8 am-1 pm  
**AltaMed Medical Group Boyle Heights, Zonal**  
(323) 223-6146  
1701 Zonal Ave.,  
Los Angeles, CA 90033  
M-F 8 am-5:30 pm  
\$\$: Sliding Scale.



### Oakland

**La Clinica - Casa Del Sol**  
(510) 535-6200  
1501 Fruitvale Ave.,  
Oakland, CA 94601  
M, T, Th  
8:30 am-7:00 p.m.  
W 8:30 am-7 pm  
F 8:30 am-6 pm  
\$\$: Sliding scale available.



**Alameda County Health Care for the Homeless Program**  
(510) 532-1930  
1900 Fruitvale Ave.,  
Ste 3E,  
Oakland, CA 94601  
M, Th, F 9:30 am-12 am  
\$\$: Free/No fee.



**Alameda County Medical Center Highland Hospital**  
(510) 437-4800  
1411 East 31st St,  
Oakland, CA 94602  
\$\$: Financial assistance Available.  
M-F 8 am-5 pm



**Ob**

**Albert J Thomas Medical Clinic - WOHC**  
(510) 568-9230  
10615 International Blvd.  
Oakland, CA 94603  
M-F 8:30 am-5 pm  
\$\$: Sliding scale available.



**Ashland Free Medical Clinic**  
(510) 530-2670  
1757 Clemens Road,  
Oakland, CA 94602  
S 8:30 am-12 pm  
\$\$: Free or low cost.



**Asian Health Services**  
(510) 986-6830  
818 Webster St,  
Oakland, CA 94607  
M-F 9 am-5 pm  
\$\$: Financial assistance for residents of bay service area only.



**Charlotte Maxwell Complementary Clinic**  
(510) 601-7660  
610 16th Street. Ste 426,  
Oakland, CA 94612  
M-F 9 am-5 pm  
\$\$: Financial assistance available.



**Community Recovery Center East - WOHC**  
(510) 729-8800  
7501 International Blvd,  
Oakland, CA 94621  
M-F 9 am-9 pm  
\$\$: Sliding scale of fees based on income



**East Oakland Health Center - WOHC**  
(510) 430-9401  
7450 International Blvd,  
Oakland, CA 94621  
M-F 8:30 am-5 pm  
\$\$: Sliding scale available.



**Rx** **P** **Ob**

**East Oakland Recovery Eastmont Town Center**  
(510) 568-2432  
7200 Bancroft Ave,  
Oakland, CA 94605  
M-Th 8 am-10 pm  
F 8 am-12 am  
\$\$: Free/No fee.



## Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN

**Ob**

Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision



Pharmacy

**Rx**

## Key of Business Days:

Monday	<b>M</b>
Tuesday	<b>T</b>
Wednesday	<b>W</b>
Thursday	<b>Th</b>
Friday	<b>F</b>
Saturday	<b>S</b>
Sunday	<b>Su</b>

## HEALTH RESOURCES

**Fremont High School Based Clinic (Tiger Health Clinic)**  
(510) 434-2001  
4610 Foothill Blvd.,  
Oakland, CA 94601  
M-F 9 am-5 pm  
\$\$: Sliding scale available.



Rx

**Healthy Communities, Inc. Healthy Oakland**  
(510) 444-9155  
2580 San Pablo Ave.,  
Oakland, CA 94612  
M, T, 9 am-9 pm  
W, Th, F 9 am-5:30 pm  
\$\$: Free or low cost.



**La Clinica - Clinica Alta Vista**  
(510) 535-6300  
1515 Fruitvale Ave.,  
Oakland, CA 94601  
M-F 8:15 am-5:30 pm  
\$\$ : Sliding scale available.



Ob

**La Clinica - Hawthorne Elementary School Based Health Center**  
\*Students only  
(510) 535-6440  
1700 28th Ave.,  
Oakland, CA 94601  
M-F 8:30 am-4:30 pm  
\$\$: Free/No fee.



**La Clinica - Youth Heart Health Center**  
(510) 879-1568  
286 East 10th Street. 1st Fl,  
Oakland, CA 94606  
M 8:30 am-4:30 pm  
W 8:30 am-4:30 pm  
Th 8:30 am-12:30 pm  
\$\$: Free/No fee.



**La Clinica Dental at Children's Hospital Oakland**  
(510) 428-3316  
747 52nd Street,  
Oakland, CA 94609  
M-F 7:30 am-4:30 pm  
S 8 am-4:30 pm  
\$\$: Sliding scale available.



**Planned Parenthood Eastmont Town Center Community Partnership**  
(510) 300-3800  
7200 Bancroft Ave.,  
Oakland, CA 94605  
T & F 9 am-5 pm  
\$\$: Sliding scale available.



Ob

**West Oakland Health Center - WOHC**  
(510) 835-9610  
700 Adeline Street,  
Oakland, CA 94607  
M-F 8:30 am-5 pm  
\$\$: Sliding scale available.



Rx Ob

**Richmond**

**Brookside Community Health Center**  
(510) 215-5001  
1030 Nevin Ave.,  
Richmond, CA 94801  
M-F 8:30pm-5pm  
\$\$: Low cost.

Ob

**Native American Health Center - Richmond Center**  
(510) 232-7020  
260 23rd Street,  
Richmond, CA 94804  
M-F 9 pm-5 pm  
\$\$: Free.



**North Richmond Center for Health - Contra Costa Health Services**  
(800) 495-8885  
1501 Fred Jackson Way,  
Richmond, CA 94801  
M-F 7:45 am-4:45 pm  
\$\$: Sliding scale of fees based on income.



Ob

**Central Richmond Health Center**  
(510) 232-1250  
340 Marina Way,  
Richmond, CA 94801  
M, Th, F  
8:30 am - 5:00 pm  
T, W 9:30 am - 6pm.  
\$\$: Sliding scale available



Ob

**Planned Parenthood Hilltop-Richmond Health Center**  
(510) 222-5290  
2970 Hilltop Mall Road  
Ste 307,  
Richmond, CA 94806  
M, T, Th 8:30 am-8 pm,  
W 8 am-5 pm,  
F 8:30 am-5 pm.  
S 9 am-12:30 pm.  
\$\$: Sliding scale available.



Ob

**Rota Care Free Richmond Clinic**  
(510) 903-7516  
2727 Macdonald Ave.,  
Richmond, CA 94804  
M-F 7:30 am-4:30 pm.  
\$\$: Free or low cost.



**Riverside**

**Banning Family Care Center**  
(951) 849-6794  
3055 W. Ramsey St.,  
Banning, CA 92220  
M-F 7:30 am-5 pm  
\$\$: Sliding scale/No one turned away due to inability to pay.



**Morongo Indian Health Clinic (RSBCH)**  
(800) 732-8805  
11555 1/2 Potrero Rd.,  
Banning, CA 92220  
M, W, Th 8 am-5 pm  
T 8 am-7 pm  
F 8 am-2 pm  
\$\$: Free or low cost.



**Tuscany Suites Diabetes Native Challenge (RSBCH)**  
(951) 769-7853  
514 California Ave.,  
Beaumont, CA 92223  
M-Th 8 am-5 pm  
F 8 am-2 pm  
\$\$: Free or low cost.



**Clinicas de Salud del Pueblo - Blythe Medical Clinic**  
(760) 922-4981  
321 W. Hobson Way,  
Blythe, CA 92225  
M-F 7:30 am-5:00 pm  
\$\$: Sliding scale available.



**Centro Medico Community Clinic**  
951-278-8910  
1307 W. 6th St., Ste 113,  
Corona, CA 92882  
M-F 9 am-5 pm  
\$\$: Sliding scale of fees based on income.

Ob

**Corona Family Care Center**  
(951) 272-5445  
505 S. Buena Vista Ave.  
Ste 101,  
Corona, CA 92882  
M-F 7:30 am-5 pm  
\$\$: Sliding scale/No one turned away due to inability to pay.



**Hemet Family Care Center**  
(951) 766-2450  
880 N. State St.,  
Hemet, CA 92543  
M-F 7:30 am-5 pm  
\$\$: Sliding scale/No one turned away due to inability to pay.



**Lake Elsinore Family Care Center**  
(951) 471-4200  
2499 E. Lakeshore Dr.,  
Lake Elsinore, CA 92530  
M-F 7:30 am-5 pm  
\$\$ Sliding scale/No one turned away due to inability to pay.



**Moreno Valley Family Health Center & Dental - CHSI**  
(951) 571-2365  
22675 Alessandro Boulevard,  
Moreno Valley,  
CA 92553  
M-F 8 am-5:30 pm  
\$\$: Sliding scale of fees based on income.



## Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN

Ob

Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision



Pharmacy

Rx

## Key of Business Days:

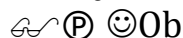
Monday	M
Tuesday	T
Wednesday	W
Thursday	Th
Friday	F
Saturday	S
Sunday	Su

# HEALTH RESOURCES

**Planned Parenthood  
Moreno Valley Center**  
(888) 743-7526  
12900 Frederick St., Ste C,  
Moreno Valley, CA 92553  
M, F 8:30 am-5 pm  
T, W, Th 10 am-6:30 pm  
S 10 am-4:30 pm  
\$\$: Sliding scale available.



**Arlanza Health Center  
Borrego Medical Clinic**  
(951) 710-3970  
8856 Arlington Ave.,  
Riverside, CA 92503  
M-F 8 am-5 pm  
\$\$: Sliding scale available.



**Eastside Health Center  
Borrego Health**  
(951) 276-0859  
1970 University Ave.,  
Riverside, CA 92507  
M-F 8 am-8 pm  
\$\$: Sliding scale of fees based  
on income.



**Rx**

**Magnolia Family Health  
Center - CHSI**  
(951) 373-5620  
9380 Magnolia Ave.,  
Riverside, CA 92503  
M-F 8 am-5:30 pm  
\$\$: Sliding scale of fees based  
on income.



**Planned Parenthood  
Riverside Family Planning  
Center**  
(888) 743-7526  
3772 Tibbetts,  
Riverside, CA 92506  
M, Th, F 8:30 am-5 pm  
T, W 10:30 am-7 pm  
S 7:30 am-4 pm  
\$\$: Sliding scale available.



**Ob**

**Riverside Neighborhood  
Health Center**  
(951) 358-6000  
7140 Indiana Ave.,  
Riverside, CA 92504  
M-F 7:30 am-5 pm  
\$\$: Sliding scale/No one  
turned away due to inability  
to pay.



**Rubidoux Family Care  
Center - Don Schroeder  
Family Care Center**  
(951) 955-0840  
5256 Mission Blvd.,  
Riverside, CA 92509  
M-F 7:30 am-5 pm  
\$\$: Sliding scale/No one  
turned away due to  
inability to pay.



**Student Run Health  
Clinic (SRHC)  
(UC Riverside)  
First Congregational  
Church  
Medical Clinic**  
General Information  
(951) 867-7742  
Dental Clinic  
(951) 977-3172  
3504 Mission Inn Ave.,  
Riverside, CA 92501  
Every other Wednesday  
5:30 pm-7 pm  
(first come, first serve.)  
\$\$: Free.

**The Eastside Health  
Center**  
(951) 213-3450  
1970 University Ave.,  
Riverside, CA 92507  
M-F 8 am-8 pm  
\$\$: Sliding scale available.



**Soboba Health Clinic  
(RSBCH)**  
(800) 851-5816  
607 Donna Way,  
San Jacinto, CA 92583  
M, T, Th 8 am-5 pm  
W 8 am-7 pm  
F 8 am-2 pm  
\$\$: Free or low cost.



**Neighborhood Health  
Care Winchester Road**  
(951) 694-9449  
41715 Winchester Rd.,  
Ste 106,  
Temecula, CA 92591  
M-F 7:30 am-4:30 pm  
T 7:30 am-7:30 pm  
\$\$: Sliding scale of fees  
based on income.



**Mercy Family Health  
Center**  
(916) 681-1600  
7601 Hospital Drive.,  
Ste 103  
Sacramento, CA  
M-F 8 am-5 pm  
\$\$: Sliding scale.



**Mercy Clinic Norwood**  
(916) 929-8575  
3911 Norwood Ave.,  
Sacramento, CA 95838  
M-F 8:30 am-4:30 pm  
Low-cost



## Sacramento

**St. Helena Adventist  
Health Hospital**  
(707) 963-3611  
10 Woodland Road,  
St. Helena, CA, 94574  
24 hours a day  
\$\$: Emergency treatment.



**St. Joseph Health  
Queen of the valley  
Clinic (SRHC)**  
(707) 252-4411  
1000 Trancas Street,  
Napa, CA 94558  
24 hours a day  
\$\$: Emergency treatment.



**Clinic Ole Napa**  
(707) 254-1770  
1141 Pear Tree Ln.,  
Ste 200, Napa, CA 94558  
M, T, W, Th  
8:15 am-8:15 pm,  
F 8:15 am-4:15 pm,  
S 8:15 am-4 pm  
\$\$: Sliding fee scale.



**Planned Parenthood  
Napa Health Center**  
(707) 252-8050  
1735 Jefferson Street,  
Napa, CA 94559  
M 8:30 am -5 pm.  
T- F 10:30 am-7pm  
\$\$: Sliding scale available.



**Ob**

**Mercy Family Health  
Center**  
(916) 681-1600  
7601 Hospital Drive.,  
Ste 103  
Sacramento, CA  
M-F 8 am-5 pm  
\$\$: Sliding scale.



**Mercy Clinic Loaves &  
Fishes**  
(916) 446-3345  
1321 North C St,  
Sacramento, CA 95811  
M-F 7:30 am - 2:20 pm  
Free/No fee



**Mercy Clinic Norwood**  
(916) 929-8575  
3911 Norwood Ave.,  
Sacramento, CA 95838  
M-F 8:30 am-4:30 pm  
Low-cost



**Shifa Clinic**  
(916) 441-6008  
419 V Street, Ste A,  
Sacramento, CA 95818  
Su 8 am-2 pm.  
Appointment required.  
No walk ins.  
\$\$: Free services.



**Clinica Tepati**  
(916) 325-5556  
1820 J Street,  
Sacramento, CA 95814  
S 8 am-4 pm  
\$\$: Free services.



**Downtown Clinic**  
(916) 448-6553  
923 V Street.,  
Sacramento, CA 95818  
M-F 8 am-2 pm  
\$\$: Free services.



**Capitol Health Clinic**  
(916) 440-5303  
1500 C Street.  
Sacramento, CA 95814  
M-F 8 am-5 pm.  
Free/No fee

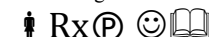


**San Joaquin Health  
Center**  
(559) 693-2462  
21890 W Colorado Ave,  
San Joaquin, CA 93660  
M-F 9 am - 5 pm  
\$\$: Sliding scale.



**Ob**

**San Joaquin Health  
Center**  
(559) 693-2462  
21890 W Colorado Ave,  
San Joaquin, CA 93660  
M-F 9 am-5 pm  
\$\$: Sliding scale.



**Ob**

**Community Medical  
Center, Stockton-  
Hammer**  
(209) 751-5200  
1721 E. Hammer Lane.  
Ste A, Stockton, CA  
95210  
M-Th 8 am-8 pm,  
F 8 am-6 pm,  
S 8 am-4:30 pm.  
\$\$: Sliding scale.



**Ob**

## Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN



Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision



Pharmacy



Rx

## Key of Business Days:

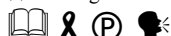
Monday	M
Tuesday	T
Wednesday	W
Thursday	Th
Friday	F
Saturday	S
Sunday	Su



# HEALTH RESOURCES

## Community Medical Clinic Care Link Gleason House

(209) 954-7700  
423 S. San Joaquin St.,  
Stockton, CA 95203  
M-F 12 pm-5 pm  
\$\$: Sliding scale.



## St. Mary's Interfaith Virgil Giavelli Clinic

(209) 467-0703  
545 W. Sonora Ave.,  
Stockton, CA 95203  
M-F 8 am-11 pm  
\$\$: Free/No fee.



## Community Medical Clinic Mariposa Site

(209) 751-1900  
2003 E. Mariposa Road.,  
Stockton, CA 95205  
M-F 8 am-6 pm  
\$\$: Sliding scale.



## Amador County Health Department

(209) 223-6407  
10877 Connector Blvd., Ste  
400, Sutter Creek, CA 95685  
M-F 8 am-5 pm  
\$\$: Sliding scale.



## Family Health Care Network -Visalia Oak

(559) 741-4500  
400 E. Oak St.,  
Visalia, CA 93291  
M-F 8 am-9 pm  
S 8 am-5 pm  
\$\$: Sliding scale.



## Family HealthCare Network Visalia Bridge

(559)734-1939  
501 N. Bridge St,  
Visalia, CA 93257  
M-F 8 am-9 pm  
S 8 am-5 pm.  
\$\$: Sliding scale available.



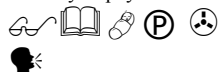
## The Samaritan Clinic

559-733-7331  
200 NW 3rd Ave,  
Visalia, CA 93291  
T-Th 8 am-3:30 pm  
\$\$: Donations welcome.



## Golden Valley Health Center - Merced

Senior Center  
(866) 682-4842  
857 West Childs Ave.,  
Merced, CA 95341  
M-F 8 am-5 pm  
\$\$: Sliding scale. No one  
turned away due to  
inability to pay.



## Golden Valley Health Center - Merced

O Banion Center  
(209) 381-4114  
401 Leshar Dr.,  
Merced, CA 95340  
M-F 8 am-5 pm  
\$\$: Sliding scale. No one  
turned away due to  
inability to pay.



## California Health Collaborative-Merced

(209) 725-8240  
2827 G Street,  
Merced, CA 95340  
M-F 8 am-5 pm  
\$\$: Free or low cost.



## Greenville Rancheria Tribal Health Program

Red Bluff  
(530) 284-6135  
1425 Montgomery Rd.,  
Red Bluff, CA 96080  
M-F 8 am-5 pm  
\$\$: Low cost.



## Tehama County Health Center

(530) 527-0350  
1850 Walnut St,  
Red Bluff, CA 96080  
M-F 8 am-5 pm  
\$\$: Sliding scale. No one  
turned away due to  
inability to pay.



## Northern Valley Indian Health - Red Bluff Clinic

(530) 529-2567  
2500 N. Main Street,  
Red Bluff, CA 96080  
M-F 9 am-5 pm  
\$\$: Sliding scale.



## Shasta Community Health & Dental Clinic

(530) 247-7253  
1400 Market Street.,  
Ste 8103,  
Redding, CA 96001  
M-F 8 am-5 pm  
\$\$: Sliding scale.



## Redding Rancheria Indian Health

(530) 224-2700  
3184 Churn Creek Rd.,  
Redding, CA 96002  
M-F 7 am-6 pm  
\$\$: Financial assistance  
for residents of Redding  
service area only.



## Primary Care Neuropsychiatry (PCN)

(530) 246-5768  
980 Placer Street.,  
Redding, CA 96001  
M-F 8 am-5 pm  
\$\$: Sliding scale.



## Tulare Community Health Clinic, Inc.

Pediatrics  
(559) 686-9097  
1186 E. Leland Ave.,  
Tulare, CA 93274  
M-Th 8 am-7 pm  
F 9 am-5 pm  
S 8 am-1 pm  
\$\$: Sliding scale.



## Tulare Community Health Clinic, Inc.

Pediatrics  
(559) 686-9097  
1101 N Cherry St.  
Tulare CA 93274  
M- T 8 am -7 pm, F 9  
am -5 pm, S 8 am - 1 pm  
\$\$: Sliding scale of fees  
based on income



## Golden Valley Health Center West Modesto

(209) 576-2845  
1114 6th Street.,  
Modesto, CA 95354  
M-F 7:45 am-9 pm.  
\$\$: Sliding scale. No one  
turned away due to  
inability to pay.



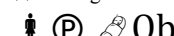
## Golden Valley Health Centers - Modesto

Hanshaw School  
(209) 579-4200  
1717 Las Vegas St.,  
Modesto, CA 95358  
M-F 8 am-5 pm  
\$\$: Sliding scale. No one  
turned away due to  
inability to pay.



## Sutter County Peach Tree Clinic - PTHC

(530) 822-7240  
1445 Veterans Circle.,  
Ste B,  
Yuba City, CA 95991  
M-F 8 am-5 pm  
\$\$: Sliding scale available.



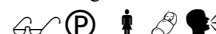
## Castle Family Health Centers - Castle

(209) 726-1235  
3605 Hospital Road,  
Atwater, CA 95301  
M-S 8 am-8 pm  
\$\$: Sliding scale available.



## Castle Family Health Centers Inc - Bloss

(209) 358-8425  
1251 Grove Ave,  
Atwater, CA 95301  
M-S 7 am-7 pm  
\$\$: Sliding scale available.



## Livingston Medical Group

(209) 394-7913  
1140 Main St.,  
Livingston, CA 95334  
M-Th 8am-8 pm  
F 8 am-5 pm  
S 8 am-4 pm  
\$\$: Sliding scale. No one  
turned away due to  
inability to pay.



## Key of Services:

Women's Health



Specialist



Social Services



Primary Care



OB/GYN



Counseling/ Mental Health



Family Planning



Urgent Care



Dental



Pediatric Care



Men's Health



Substance Abuse



Health Education



STD, HIV/AIDS Testing



Lab



Vision



Pharmacy



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# HEALTH RESOURCES

## Golden Valley Health Center - Los Baños Medical & Dental Center

(209) 826-1045  
(209) 826-1094  
821 Texas Ave.,  
Los Baños, CA 93635  
M-F 8 am-5:30 pm  
\$\$: Sliding scale. No one turned away due to inability to pay.



## Sutter Yuba City Medical Center

(530) 749-3601  
480 Plumas Blvd.,  
Yuba City, CA 95991  
M-F 8 am-5 pm  
\$\$: Financial assistance available.



## Mee Memorial King City Clinic

(831) 385-5471  
210 Canal Street,  
King City, CA 93930  
M-S 7 am-7 pm  
\$\$: Financial assistance available.



## King City Medical - CSVS

(831) 385-5944  
223 Bassett St.,  
King City CA 93930  
M-S 8 am-5 pm  
\$\$: Sliding scale.



## Memorial Hospital Los Baños Rural Health Clinic

(209) 710-6333  
400 W. I St., Ste C,  
Los Baños, CA 93635  
M 9 am-9 pm  
\$\$: Financial assistance available.



## Salinas

### Alvin Dental - CSVS

(831) 444-9722  
620 E Alvin Drive.,  
Salinas, CA 93906  
M-Th 8 am-9 pm  
F-S 8 am-5 pm  
\$\$: Sliding scale of fees based on income.



## Clinica de Salud Del Valle - CSVS

(831) 757-6237  
950 Circle Drive.,  
Salinas, CA 93905  
M-F 8 am-5 pm  
S 8 am-4 pm  
\$\$: Sliding scale of fees based on income.



## Dorothy's Place

(831) 757-3838  
30 Soledad St.,  
Salinas, CA 93901  
W 12:30 pm-2 pm  
\$\$: Free or low cost.



## Planned Parenthood Salinas Health Center

(831) 758-8261  
316 N Main Street,  
Salinas, CA 93901  
M, T, Th, F  
7:45 am-5:30 pm,  
W 8:30 am-6 pm,  
S 10 am-2 pm  
\$\$: Sliding scale available.



## Salinas Optometry CSVS

(831) 757-1264  
950 Circle Drive,  
Salinas, CA 93905  
M-F 8 am-5 pm  
Th 9 am-6 pm  
\$\$: Sliding scale of fees based on income.



## Sanborn Clinic- CSVS

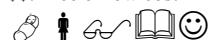
(831) 757-1365  
219 N. Sanborn Rd.,  
Salinas, CA 93905  
M - S 8 am-5 pm  
\$\$: Sliding scale of fees based on income.



## San Bernardino

### Barstow Indian Health (RSBCIH)

(760) 256-9016  
705 E Virginia Way.,  
Ste E, Barstow, CA 92311  
M-Th 8 am-5 pm  
F 8 am-2 pm  
\$\$: Free or low cost



## Bear Valley Community Hospital - Family Health Center

(909) 878-8246  
370 Summit Blvd.,  
Big Bear Lake, CA 92315  
M-F 8 am-8 pm  
S 8 am-5 pm  
\$\$: \$50 or less per visit.



## Montclair Clinic

(909) 399-3173  
Evening Clinic  
(909) 625-9464  
5111 E Benito Street.,  
Montclair, CA 91763  
M-F 8-5 pm  
\$\$: Sliding scale available.



## Al-Shifa Clinic

(909) 473-9342  
2034 B Mallory St.,  
San Bernardino,  
CA 92407  
W 9 am-5 pm  
Th 1 pm-9 pm  
F 9 am-5:30 pm  
S 8:30 am-2 pm  
\$\$: Free/No fee.



## Planned Parenthood San Bernardino Health Center

(909) 890-5511  
1873 Commercenter  
West, San Bernardino,  
CA 92408  
M-Th, S, Sun 7 am-5 pm  
Friday 6 am-4:30 pm  
\$\$: Sliding scale available.



## San Manuel Health Clinic

(888) 268-0008  
(909) 864-1097  
2210 E Highland Ave.,  
Ste 200,  
San Bernardino, CA  
92404  
M, T, W 8 am-5 pm  
Th 8 am-7 pm  
F 8 am-2 pm  
\$\$: Free or low cost.



## Mission City Community Clinic Victorville

(818) 895-3100  
15201 11th Street.,  
Ste. 300,  
Victorville, CA 92395  
M-F 8 am-5 pm  
\$\$: Sliding scale of fees based on income.



## Yucaipa Center For Health

(909) 797-3377  
12504 4th St.,  
Yucaipa, CA 92399  
\*\*Currently undergoing renovations. Will reopen soon, call for further information in regards to opening date until then medical consultations are available by appointment via the Arrowhead Regional Medical Center's Mobile Clinic.  
\$\$: Free.



## High Desert Pregnancy Clinic

(760) 369-8512  
56669 29 Palms Hwy.,  
Ste D, Yucca Valley,  
CA 92284  
M 12:30 pm-5 pm  
T- Th 10:30 am-5 pm  
F 12:30 pm-5 pm  
\$\$: Free/No fee.



## San Diego

### 25th Street Family Medicine - Mountain Health

(619) 238-5551  
316 25th St.,  
San Diego, CA 92102  
M-F 8:30 am-5:30 pm  
\$\$: Sliding scale of fees based on income.



### Beach Area Family Health Center (FHCoSD)

(619) 515-2444  
3705 Mission Blvd.,  
San Diego, CA 92109  
M-W, F  
8:30 am-5:30 pm.  
Th 9 am-6 pm  
\$\$: Sliding scale available.



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# HEALTH RESOURCES

**Black Infant Health Program (FHCSD)**  
 (619) 266-7466  
 5379 El Cajon Blvd.,  
 San Diego, CA 92115  
 M-F 8 am-5 pm  
 \$\$: Sliding scale available.

**Ciaccio Memorial Clinic**  
 (619) 515-2587  
 3544 30th Street.,  
 San Diego, CA 92104  
 M-Th 8:30 am-5:30 pm  
 F 9 am-5 pm  
 \$\$: Sliding scale available.

**City Heights Family Health Center (FHCSD)**  
 (619) 515-2400  
 5454 El Cajon Blvd.,  
 San Diego, CA 92115  
 M-F 8:30 am-5:30 pm  
 S 8:30 am-12:30 pm  
 \$\$: Sliding scale available.

**Comprehensive Health Center - Euclid**  
 (619) 527-7330  
 286 Euclid Ave., Ste 302,  
 San Diego, CA 92114  
 M-F 8 am-5 pm  
 \$\$ Sliding scale available.

**Comprehensive Health Center - Ocean View**  
 (619) 231-9300  
 3177 Ocean View Blvd.,  
 San Diego, CA 92113  
 M-F 8 am-6 pm  
 S 8 am-12 pm  
 \$\$: Sliding scale available

**Diamond Neighborhoods Family Health Center**  
 (619) 515-2560  
 220 Euclid Ave., Ste 40,  
 San Diego, CA 92114  
 M-F 8:30 am-5:30 pm  
 \$\$: Sliding scale available.

**Downtown Family Health Center**  
 (619) 515-2525  
 1145 Broadway,  
 San Diego, CA 92101  
 M-F 8 am-5 pm  
 \$\$: Sliding scale available.

**Elm Street Family Health Center**  
 (619) 515-2520  
 140 Elm Street.,  
 San Diego, CA 92101  
 M, W, F 8 am-5 pm  
 \$\$: Sliding scale available.

**Euclid Family Counseling Center SYHC**  
 (619) 205-1947  
 292 Euclid Ave.,  
 San Diego, CA 92114  
 M-F 1 pm-5 pm  
 \$\$: Sliding scale available.

**Health Development Services Central Region**  
 (619) 515-2406  
 2114 National Ave.,  
 San Diego, CA 92113  
 M-F 8:30 am-5 pm  
 S 9 am-1 pm  
 \$\$: Sliding scale available.

**Hillcrest (North Park) Dental Clinic**  
 (619) 515-2434  
 3544 30th St.,  
 San Diego, CA 92104  
 M-F 8:15 am-5 pm  
 \$\$: Sliding scale of fees based on income.

**La Maestra Community Health Centers - Main Medical Clinic**  
 (619) 280-4213  
 4060 Fairmount Ave.,  
 San Diego, CA 92105  
 M-F 8:30 am-6 pm  
 S 9 am-2 pm  
 \$\$: Sliding scale available.

**Linda Vista Health Care Center - San Diego Family Care**  
 (858) 279-0925  
 6973 Linda Vista Road.,  
 San Diego, CA 92111  
 M, W, F 8 am-5 pm  
 T 8 am-8:30 pm  
 S 9 am-1 pm  
 \$\$: Sliding scale available.

**Operation Samahan Rancho Penasquitos**  
 (858) 312-6700  
 9955 Carmel Mountain Road F2,  
 San Diego, CA 92129  
 M-F 9 am-1 pm  
 \$\$: Free or low cost.

**Logan Heights Family Counseling Center**  
 (619) 515-2355  
 2204 National Ave.,  
 San Diego, CA 92113  
 M 8 am-5 pm  
 T & W 8 am-8 pm  
 Th & F 8 am-5 pm  
 \$\$: Sliding scale available.

**Logan Heights Family Health Centers of San Diego**  
 (619) 515-2300  
 1809 National Ave.,  
 San Diego, CA 92113  
 M 8 am-7 pm  
 T- Th 8 am-6 pm  
 F 8 am-5:30 pm  
 S 8 am-5 pm  
 \$\$: Sliding scale available.

**Nestor Community Health Center - IBCC**  
 (619) 429-3733  
 1016 Outer Road.,  
 San Diego, CA 92154  
 M, W 8 am-8 pm  
 T, Th, F 8 am-5 pm  
 \$\$: Sliding scale of fees based on income.

**North Park Family Health Center**  
 (619) 515-2424  
 3544 30th St.,  
 San Diego CA 92104  
 M-Th 8:30 am-5:30 pm  
 F 8:30 am-5 pm  
 S 8:30 am-12:30 pm  
 \$\$: Sliding scale available.

**Operation Samahan Mira Mesa Outreach Clinic**  
 (858) 578-4220  
 10737 Camino Ruiz.,  
 Ste 235,  
 San Diego CA 92126  
 M-S 8:30 am-5 pm  
 \$\$: Free or low cost.

**Operation Samahan Rancho Penasquitos**  
 (858) 312-6700  
 9955 Carmel Mountain Road F2,  
 San Diego, CA 92129  
 M-F 9 am-1 pm  
 \$\$: Free or low cost.

**Planned Parenthood City Heights Express Center**  
 (888) 743-7526  
 4305 University Ave.,  
 Ste 350,  
 San Diego, CA 92105  
 M-Th 10:30 am-7 pm  
 F 9 am-5:30 pm  
 \$\$: Sliding scale available.

**Planned Parenthood First Avenue Family Planning Michelle Wagner Center**  
 (888) 743-7526  
 2017 First Avenue.,  
 Ste 301,  
 San Diego, CA 92101  
 M, W, S 7:30 am-4 pm  
 T, Th 9:30 am-6 pm  
 \$\$: Sliding scale available.

**Planned Parenthood Pacific Beach Express Mimi Brien Center**  
 (888) 743-7526  
 1602 Thomas Ave.,  
 San Diego, CA 92109  
 T, Th 10 am-6:30 pm  
 W 8:30 am-5 pm  
 \$\$: Sliding scale available.

**San Diego American Indian Health Center**  
 (619) 234-2158  
 2630 1st Ave.,  
 San Diego, CA 92103  
 M-F 8 am-5 pm  
 \$\$: Financial assistance available.

**San Diego Children's Dental Clinic - SYHC**  
 (619) 205-1950  
 8110 Birmingham Way.,  
 Building 28 ,  
 San Diego, CA 92123  
 M-F 8:30 am-5:30 pm  
 \$\$: Sliding scale available.

**San Diego Family Care Mid-City Community Clinic**  
 (619) 563-0250  
 4290 Polk Ave.,  
 San Diego, CA 92105  
 M-S 8 am-5 pm  
 \$\$: Sliding scale available.

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## HEALTH RESOURCES

### Sharp Rees-Stealy Downtown San Diego

(619) 446-1575  
300 Fir Street.,  
San Diego, CA 92101  
M-Sun 8 am-10 pm  
\$\$: Financial assistance  
available.



### Sherman Heights Family Health Center

(619) 515-2435  
2391 Island Ave.,  
San Diego, CA 92102  
M-F 8:15 am-5 pm  
\$\$: Sliding scale available.



### UCSD Student-Run Free Clinic at Baker Elementary

(858) 534-6110  
4041 T Street.,  
San Diego, CA 92113  
T 1:30 pm-4:30 pm  
\$: Free.



### Mountain Empire Family Medicine

31115 Highway 94,  
Campo, CA 91906  
(619) 478-5311  
M-F 8 am-5 pm.



### Alpine Family Medicine

1620 Alpine Blvd., Ste 110,  
Alpine, CA 91901  
(619) 445-6200  
M-F 8 am-5 pm.



### Santa Ana

### AltaMed Medical Group Santa Ana Main

(714) 541-6815  
1400 N Main St.,  
Santa Ana, CA 92701  
M, W, F 8 am-9 pm  
T, Th 9 am-9 pm  
S 8 am-6 pm  
\$\$: Sliding scale of fees based  
on income.



### AltaMed Medical Group

**Santa Ana,  
17th Street**  
(714) 500-0340  
1227 W 17th St.,  
Santa Ana, CA 92706  
M, W 9 am-6 pm  
T 10 am-6 pm  
Th 9 am-5 pm  
F 8 am-5 pm  
\$\$: Sliding scale of fees  
based on income.



### AltaMed Medical Group

**Santa Ana, Broadway**  
(714) 919-0280  
1515 Broadway St.,  
Santa Ana, CA 92707  
T, W, Th 3 pm-8 pm  
S 8 am-1 pm  
\$\$: Sliding scale of fees  
based on income.



### AltaMed Medical Group

**Santa Ana,  
Central**  
(714) 557-4080  
1155 W Central Ave.,  
Santa Ana, CA 92707  
M, W 8 am-8 pm  
T, Th 9 am-8 pm  
F 8 am-5 pm  
S 9 am-1 pm  
\$\$: Sliding scale of fees  
based on income.



### Planned Parenthood

**Santa Ana Health  
Center**  
(714) 922-4100  
1421 E 17th St.,  
Santa Ana, CA 92705  
M, T, W 7 am-6 pm  
Th 7 am-5:30 pm  
F, S, Sun  
6:30 am-4:30 pm  
\$\$: Sliding scale available.



### Ob

### Serve the People Community Health Center

(714) 352-2911  
1206 E. 17th St., Ste 101,  
Santa Ana, CA 92701  
T-S 8:30 am-4:30 pm  
\$\$: Free or low cost.



### UC Irvine Family Health Center

**Santa Ana**  
(877) 824-3627  
800 N. Main St.,  
Santa Ana, CA 92701  
M-F 8 am-5 pm  
\$\$: Financial assistance  
available.



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This resource guide  
was created by  
HOPE Interns:

Tiana Marisol  
Cherbosque  
&  
Angelica Hernandez